
PREPARING YOUR PETS

- Make certain all your pets wear ID tags
 - Dogs and cats should wear collars
 - Birds can wear leg rings
- Tattoo or microchip your pet and register your pet's number with a tattoo or microchip registration service.
- Your pet's ID tag should include a friend or relative's phone number as well as yours.
- Keep a supply of write-on ID tags, in case you're evacuated. Make sure your pet is wearing a tag with its new address.
- Put a sign in your front & back windows indicating number and types of pets.
 - Date the signs and keep up to date
- Have several close-up photos and a record of your pet's size, weight and special markings.
- Arrange for out of area friends to take in pets

KIT FOR YOUR PETS

- Pet carrier
- Leash & collar (dogs) / harness (cats)
- Week's supply of food & water for each pet
 - Rotate every six months
- Food & water bowls
- Can opener for canned pet food
- Pet first-aid kit
- Blanket & paper towels
- Toys
- Cat litter and disposable litter trays (aluminum roasting pans)
- Veterinarian info & vaccination certificates
- Fresh supply of any pet medications
- Photos & extra tags (in case pet gets lost)
- Location of animal shelter / humane society
- Cash to pay for emergency boarding

KIT FOR YOUR OFFICE

Keep a small pack in your desk drawer.

- 1-2 boxes MREs
- 3 boxes / bags water
- Small first aid kit / tissues / wet wipes
- Some money in small bills & quarters
- Mylar blanket / Rain poncho
- Small AM / FM radio
- Solar-powered flashlight / light sticks
- Pocket knife / multi-purpose tool

ADDITIONAL TIPS

DON'T WAIT TO BUY SUPPLIES IN AN EMERGENCY THEY WILL NOT BE AVAILABLE!

- For items stored outside/in a garage:
 - Protect food from sunlight and heat/cold extreme temperatures
 - Use vermin-resistant containers
 - Put grains, rice, cereals and such into airtight containers
 - Buy nitrogen-gas packaged food products whenever possible
- Tarps and duct tape are must have multi-functional items.
- Carry these Pocket Guides:
 - Emergency Preparedness
 - Preparing for Pandemic Flu.

Methods for Purifying Water

Water is the most important thing you need to survive.

- Boil water (full, rolling boil) for 10 minutes.
- Use 10 drops of bleach per gallon of water; let sit for at least 30 minutes.

See the FEMA Guide on Water Survival:

<http://www.fema.gov/plan/prepare/watermanage.shtm>

PALO ALTO NEIGHBORHOODS
an independent umbrella group to enhance communications
and mutual support for the Palo Alto Neighborhoods



www.paneighborhoods.org/ep

PREPARING KITS FOR EMERGENCIES WHILE AWAY FROM HOME

PAN Partners

Stanford/Palo Alto Citizen Corps
Council

More on Preparation & Supplies

www.72hours.org
www.beprepared.com
www.quakekare.com
www.thereadystore.com
www.quakepro.com
www.simplerlife.com
www.iprepare.com
www.majorsurplus.com
www.campingsurvival.com
www.sccphd.org
www.paarc.org

GO KIT FOR YOUR CAR

Keep these items in a duffle bag or plastic container in your car trunk. Try to have at least a 3 day supply per person.

FOOD & WATER

- Ready-to-eat meal packets
- Individually-packaged water
- Beverages in foil-lined boxes
- Trail mix & granola bars
- Crackers & cookies
- Instant packets of juice or sports drinks
- Chicken & beef bullion
- Instant coffee, tea bags
- Unscented household bleach to purify water

FOOD PREPARATION & STORAGE

- Mess kit (plate, knife, fork & spoon)
- Paper towels / Plastic resealable bags
- Knife & large spoon
- Liquid detergent

CLOTHES & SHELTER

- Long-sleeved pants / shirt / warm jacket
- Sturdy shoes and socks
- Sturdy work gloves
- Rain poncho / hat / scarf / umbrella
- Sunglasses
- Heat packs
- Blankets (mylar / cotton)
- Plastic ground cloth / tarps / sheeting
- Tube tent / Emergency sleeping bag

PERSONAL HYGIENE

- Toilet paper / Tissues / Feminine supplies
- Tooth brush & toothpaste
- Small bottles of liquid soap & shampoo
- Towel & washcloth
- Antibacterial hand wipes
- Comb, brush / razor

FIRST AID

- Basic First Aid Kit
- Anti-bacterial ointment
- Antiseptic wipes / moistened towelettes
- Cleansing agent / soap
- Sunscreen & chapstick
- Waterless alcohol-based hand sanitizer
- Cold pack
- Sewing kit

Nonprescription Drugs

- Aspirin or non-aspirin pain reliever
- Anti-diarrhea medication
- Antacid (for stomach upset)
- Antihistamine
- Roll of throat lozenges

TOOLS

- Small folding shovel
- Collapsible bucket
- 10' 1/2" thick rope / 50' 3/16" cord
- Fire starting kit
- Utility knife / Swiss Army Knife
- Crowbar
- Screwdrivers - phillips and flat head
- Pliers / folding saw / crescent wrench
- Compass / mirror
- Cigarette lighter / waterproof matches
- Duct tape / Garbage bags

COMMUNICATION

- Cell phone & phone card
- Cell phone charger (solar or crank)
- Battery-operated radio & extra batteries
- Flashlight (store batteries separately)
- Electronic (1) or flameless light sticks (12)
- LOTS of Batteries
- Paper, pencil, pen
- Maps
- Whistle
- Telephone numbers of relatives & friends

GRAB & GO BAG

Many items you might need in an emergency evacuation (such as a flood) shouldn't be kept in your car because of heat.

Keep these items in a small bag you can grab on your way out the door.

If you have a cat or small dog, consider using a pet carrier as your go bag.

General

- Prescription drugs / medication schedule
- Tetanus shot & vaccination records
- Insulin supplies
- Contact lenses & supplies / eyeglasses
- Denture needs
- Hearing aid batteries
- Medical records
- Extra house & car keys

Especially for Baby

- Bottles / formula / powdered milk
- Prescription drugs / medication schedule
- Jars of baby food
- Diapers & wipes
- Blanket
- Extra clothing
- Small plush toy

For Pets (see also PET KIT)

- Canned food
- Fresh supply of any pet medications