MIDTOWN NEWS - March 2, 2018

Editor: Annette Ashton for the Midtown Residents Association. See www.midtownresidents.org LIST SERV at PaloAltoMidtown@yahoogroups.com. Great place to "chat"

1) MIDTOWN TIDBITS

MARCH 5 start: Do you want to become trained as a member of the City of Palo Alto Office of Emergency Services' Community Emergency Response Team? The CERT program trains community members in basic disaster response skills, such as small fire suppression, light search and rescue, and disaster medical operations. Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhood or workplace following an event when professional responders are not immediately available to help. The CERT curriculum includes 24 hours of training over 7 session. The Spring 2018 session occurs from 6:30 -o 9:30 PM on March 5, 7, 12, 14, 19, and 21, with a five-hour "field day" from noon - 5 PM on Sunday, March 25. Students must attend and complete all sessions to become certified. The location is at the Adobe Room of the Mitchell Park Community Center in Palo Alto. There is no fee, and you do NOT need to be a Palo Alto resident to participate. Space is limited, so register ASAP to ensure you get a spot.

MARCH 20: Next Class to train **Block Coordinators**: 6 PM Mitchell Park Community Center. Enroll at epvolunteers@paneighborhoods.org

Do1Thing in March: **Sheltering**. Know how to respond safely when instructions are given to evacuate or take shelter. Tasks

- Identify the best storm shelter in your home and practice getting to the shelter with your family.
- Choosing the best place in your home or workplace to shelter from a tornado isn't always easy. Many newer buildings don't have a really good shelter area.
- Learn how to safely shelter in place.
- In an emergency like a chemical spill, you may be told to "shelter in place". This means to make the place where you are a safe place to stay until the danger has passed.
- Make a Go Bag for emergency sheltering.
- Emergency shelters will be opened when people are displaced from their homes. In most areas emergency shelters are operated by the American Red Cross.

Midtown residents Greg Bell submits this **sustainable living tip**: BUY FEWER THINGS! Save your money, buy fewer things - or buy better made items and keep them longer - or buy previously owned items from craigslist, ebay or buy a used car. A two-year old car is a great value, many \$1000's off the new car price. Shift your thinking about how much you buy, how much you throw away - view this video called <u>The Story of Stuff</u>. It's 20 minutes of money-saving insight.

2) CITY/COUNTY/PAUSD EVENTS

BOARD & COMMISSION OPENINGS: Currently recruiting for the following positions. Applications due March 20 at 4:30 PM. Historic Resources Board, Human Relations Commission, Public Art, Utilities Advisory Commission. http://bit.ly/bcapplications

CITY COUNCIL

Mar 5: at 6:00 PM after closed session. Topics: North Ventura Coordinated Area Plan, Annual Code Update. Agenda at https://www.cityofpaloalto.org/civicax/filebank/documents/63618

Mar 12: No Council

Mar 19: Topics: Change Municipal code to add a new Section imposing an Annual Office Limit. The proposed Ordinance will perpetuate the existing 50,000 square feet of new Office/R&D development/year with modifications regarding the review process, un-allocated area rollover provisions, and exemptions.

UPCOMING COMMISSION & BOARD MEETINGS & OTHER

MARCH 6: Connecting Palo Alto: Community Round Table, 6:30 - 8:30 PM at the Art Center Auditorium. Topic is **trenching and tunneling**. See white paper https://www.cityofpaloalto.org/civicax/filebank/documents/63496

MARCH 6: Finance Committee Cancellation

MARCH 6: Community Meeting hosted by City Public Works re John **Boulvware Park** renovations at the Ventura Community Center at 6:30 PM, Ventura Community Center, Multi-Purpose Room, 3990 Ventura Court.

MARCH 7: **Utilities Advisory** Commission, 7 PM, council chambers. Topic:financial plans and proposed rate changes for Palo Alto's water and wastewater utilities. https://www.cityofpaloalto.org/civicax/filebank/documents/63757

MARCH 8: **Human Relations** Commission, 7 PM in first floor meeting room city hall. Topics: Police Department's field-based video policy and make a recommendation for Community Development Block Grant funding for 2019.

MARCH 13: Policy Services Cancellation

MARCH 14: **Planning & Transportation** Commission at 5:30 PM in council chambers. Study session: Workplan and Timeline for the Comprehensive Plan and Housing Ordinances. The new chapter to PAMC on (affordable housing)

MARCH 15: Architectural Review Board at 8:30 AM in council chambers. Projects: 2755 El Camino Real (57 Multi-unit), 356 Hawthorne Avenue (4 multiunit to 3 single family), 3223 Hanover Street (2 story office, 67,00 + sq feet), 250 Hamilton Avenue (Tier 3 Wireless Communication Facility).

MARCH 15: **Directors Hearing** Projects: 1545 Alma for 3 Residential Condominium Units in Conjunction of the Addition to an Existing Detached Residential Unit and the Construction of 2 New Detached Residential Units for a Total of Three Multi Family Units.

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3) LOCAL EVENTS

Avenidas Activities at http://www.avenidas.org/. Samples of classes follow. Programs on the 2nd floor of Building I at Cubberley. New revised website at www.avenidas.org. REGISTRATION 289-5400.

- Mar 5: Caregiver Support Group 11:30am-1pm every Monday @ Sunrise Palo Alto, 2701 El Camino Real
- Mar 6: VTA Workshop: Intro to Bus & Light Rail Travel 10-11am, Avenidas @ CCC. RSVP required.
- Mar 7: Caregiver Support Group 11:30am-1pm every Wednesday @ Sunrise Palo Alto, 2701 El Camino Real,
- Mar 8: VTA Workshop: Safety in Travel on Public Transit 10-11am, Avenidas @ CCC. RSVP required
- Mar 9: CyberSecurity:Do's and Don'ts of Being Online 11am-12:30pm, Avenidas @ CCC. Call 650-289-5400 to pre-register. FEE: \$0/\$10
- Mar 12:Senior Adult Legal Assistance appts available for Santa Clara County residents age 60+. Call 650-289-5400 for appt. Free.
- Mar 13:VTA Workshop: Trip Planning for Public Transit 10-11am, Avenidas @ CCC. RSVP required.
- Mar 14: Mindfulness Meditation 2:30-3:30pm, every Wednesday, Avenidas @ CCC.
- Mar 15: VTA Workshop: Technology Tools in Transit 10-11am, Avenidas @ CCC. RSVP required.
- Mar 16: Tuina 10-11am, every Friday, Avenidas @ CCC. Drop-in, free.

- Mar 17: Remembrance Lantern Making Workshop 9:30am-12:30pm, Avenidas @ CCC. Pre-registration required. Call 289-5400. FEE: \$25 + \$5 materials
- Mar 19: UNA Film Festival "Frontrunner" 3-4:30pm @ Channing House. Drop-in, free.
- Mar 20:NEW CLASS DEMO: Magic in Motion Seated fitness, 1:30-2:30pm, Avenidas @ CCC. Free.

Peninsula **Photo Contest** submissions from Feb 22- April 2, categories: Portraits, Moments, Life in 650, Abstract, travel, The Natural World. Adult and Youth Divisions. www.peninsulacontest.artcall.org

CALL for **SHORT STORIES**: PA Weekly: Deadline April 6: Prizes for 1st, 2nd & 3rd place winners in each category: Adult, Young Adult (15-17) & Teen (12-14). See https://www.paloaltoonline.com/short_story/entry.php

Talking with Henrietta: "Preparing for Natural and Man-made Disasters." Some think the battle for emergency preparedness is getting away from us? Is there any truth to this idea? Find out on this new edition of Talking with Henrietta. See this informative show over the internet and on Comcast 30 through March 10. on Sundays@5 PM, Mondays@2 PM. Tuesdays@8 PM, Wednesdays@2 AM, 11 AM & 6 PM, Thursdays@8 PM & Fridays@3 AM & 12 pm. It can also be seen on Channel 27 on Wednesdays at 10:30 PM. More information at http://www.epatoday.org/tv.html#emergencypreparedness

WHATS PLAYING ON THE LOCAL STAGE?

Mar 2-3 The Wiz,at Stanford by BlackStage Theatre Company. 3/2 at 8 PM; 3/3 at 1:30 and 8 PM at Dinkelspiel Auditorium, 471 Lagunita Drive. Free for Stanford Students & children under 5; \$5 for Stanford employees & graduates; and \$10 public.

Mar 7 -Apr 1: Theatreworks: Skeleton Crew: A makeshift family of autoworkers navigates the recession in this funny, tough, and tender American drama. Will their Detroit plant survive?

Mar 9-17: "Venue" at PALY Theatre. March 9-17, at 7:30 PM; March 15, at 4 PM; March 18, at 2 PM. There will be a reception after the March 9 performance, at which audience members can meet the cast and production staff and partake in light refreshments. FEE: \$10 student/senior; \$15 adult. Information at www.palytheatre.com.

Apr 27-May 13: Rock of Ages: Going Back to a sexier Time: The Regan Era

Join Jon Keeling who teaches **self-defense classes** on the 2nd and 4th Fridays of the month at Cubberley. Info is here: http://www.svkarate.com/self-defense-classes/. If you have questions about these classes you can contact Jon at jon@svkarate.com.

Intern at the Art Center this Summer! Join the Palo Alto Art Center team! Designed for college and graduate students, as well as adults interested in re-entering the workforce or exploring a career change, Art Center internships give you the opportunity to enhance professional skills, build your professional network, and serve the community. This summer we will host one Exhibitions Intern, five Children's Fine Art Studio Interns, one Development Intern, and one Social Media & Photography Intern. Applications will be accepted on a rolling basis, but the process is competitive and you are encouraged to get your resume and cover letter in as soon as possible! Click on the link below to learn more about duties, desired skills, and the application process. For more info contact sqrace.abusharkh@cityofpaloalto.org

MARCH 3: **California Bach Society**, "The German Romantics" at 8 PM, All Saints" Episcopal Church, 555 Waverley St. FEE: \$35 /\$30 in advance, \$25/\$30 for seniors or \$10 for patrons under 30. Go to www.calbach.org.

MARCH 3: **Stanford Symphony** at the Bing at 7:30 PM. FEE: Advance \$15; \$10 Senior/Student. Door: \$20, \$15 Senior/Student. Stanford Student FREE with ID. www.tickets.stanford.edu or call 725-2787.

MARCH 7: "Building Oligarchy: Are There Links Between Economic and Political Inequality in the United States?" at 7:30 PM at Stanford Cubberley Theatre, School of Education. FREE.

MARCH 8/9.10: **FABMO** selection event Mountain View at 970 Terra Bella Avenue, Suite 5, Mtn View. Hours: Thursday: noon - 6 PM; Friday 8:30 AM - 6 PM; Saturday: 9 - 11 AM. Appts at https://tinyurl.com/yaxf7fau

- MARCH 11: **Beethoven Choral** fantasy at Grace Lutheran, 3149 Waverley at 3:30 PM. FEE: \$30, \$25 Student.Senior, Advance \$27/\$22. See www.sdgloria.org
- MARCH 15: Registration opens for **Senior Games** to be held from late April end of May. For more information, go to www.bayareaseniorgames.org
- MARCH 18: **Bay Choral Guild** presents St John Passion at the First United Methodist Church, 625 Hamilton. Tickets for St. John Passion are available from your favorite chorister, online or at the door of each concert. Preview lecture 30 minutes before the start of each concert.
- MARCH 21: Cafe Scientifique at Blood Center. CHANGE IN SPEAKERS. Scalability & Privacy In Cryptocurrencies with Benedikt Bünz, PhD Candidate Stanford University from 6-7 PM, 3373 Hillview Avenue, Breezeway. Free Admission Complimentary Beverages and Cookies
- MARCH 21: A **Discussion with Gil Friend**, Chief Sustainability Officer for the City of Palo Alto at the Art Center at 7: 30 PM. He will speak on Palo Alto's Sustainability and Climate Action Plan (S-CAP) and where progress can still be made despite the federal administration's climate and environmental policies. He'll also share his views on cities around the world that are leading the way to address climate change. As a warm-up to Gil's talk, students from Gunn High School will give short presentations on local activism on climate change.
- MARCH 22: USGS Monthly Lecture "Snow and Avalanche Science:Highlights of applied avalanche research and forecasting". Topics include Avalanches impact transportation corridors, with subsequent economic ramifications, including the Going-to-the-Sun Road in Glacier National Park; Large magnitude avalanches affect the landscape creating new habitat for flora and fauna, & Dendrochronology (study of tree-rings) is used to develop an avalanche chronology and examine contributory climate and weather factors. At 7 PM at Rambo Auditorium/Bldg. 3, 345 Middlefield Rd., Menlo Park
- MARCH 23: At the Art Center: Teens, You're Invited to Takeover. **Teen Creativity Party** from 7 9 PM. Teens, enjoy after hours access to the Palo Alto Art Center with your very own Friday night at the Art Center complete with art activities, performances, music, candy bar, and more! Come celebrate our exhibition Through That Which is Seen: Dioramas in Contemporary Art and see a new side of the Palo Alto Art Center. FREE.
- MARCH 27: At the JCC: **AROUND THE WORLD** ... Four Shillings Short, a husband-wife duo, will present "Around the World in 30 Instruments," a multi-cultural educational concert presenting traditional music from Ireland, Scotland, England, Medieval and Renaissance Europe, the Americas and India. From 1 to 2:30 PM. FEE: \$15. For more, contact Michelle Rosengaus at mrosengaus@paloaltoicc.org or 223-8616.
- MARCH 28: At Mitchell Park Community center: **Spring 2018 Franchise Business Expo**. Meet with Top Franchisors face to face who are expanding in the San Francisco Bay Area, small business gov't resource partners, funding specialists, and more! For more information and to register, please visit our website at https://tinyurl.com/yd8tujaa. From 2 5 PM. Room EPR (East)
- MARCH 28: "How to Dementia-Friendly Community" at Mitchell Park Community Center from 7 9 PM. FREE but space is limited and an RSVP is required. RSVP to Mary Suarez at msuarez@alz.org or 408-372-9901.
- MARCH 31: Avenidas Housing **AGE-FRIENDLY LIVING** .. "Building Your Future!" Expert-led discussions on the range of senior housing options, including aging in one's own home. "Expanding Choices for Age-Friendly Living" is the title of the keynote address, to be given by former Santa Clara County planner Don Weden. 9 AM 3:45 PM (lunch included), Mitchell Park Community Center. Advance fee:\$40 by March 13; \$45 after March 13 and \$50 at the door. For more information go to www.Avenidas.org.
- APRIL 15: Join the City of Palo Alto & community partners for a 5K run/walk and kids 1K fun run, plus **Earth Day festival** with electric vehicle (EV) ride & drive, live music, food trucks, bird walk, guided bike ride, zoo animals, arts & crafts, raffle prizes, Smokey the Bear, community booths with activities, environmental and public safety resources. At the Baylands Athletic Center with the family-friendly Great Race for Saving Water. Flyer: https://www.cityofpaloalto.org/civicax/filebank/documents/63237. https://www.cityofpaloalto.org/gov/depts/utl/residents/sustainablehome/great_race_and_earth_day_festival/default.asp

OLD

MARCH 2: "Our Govt, Under the Healing and Unifying Power of Divine Love" at the Christian Science Reading Room 459 California Ave at 7PM. FREE

MARCH 4: Chinese New Year Faire at Mitchell Park Community Ctr from 2-5 PM. FREE. Lion dancing, martial arts demonstrations, dumpling making, Chinese brush painting and calligraphy, Mahjong, Chinese folk music, storytelling, Tai Chi, feng shui, games and crafts.

MARCH 4: Comic Michael Krasny "An Afternoon of Jewish Humor": FREE at 2 PM CEMEX auditorium, GSB, Knight School of Mamt.

MARCH 5: "Big Feelings, Little Bodies" How parents can help their little ones manage their emotions -- at Cubberley Theatre at 7:30 PM. FREE

MARCH 5: At the JCC: "What Works for Women at Work" from 8-9:30 PM. FEE: \$18, \$15 Mem & J-Pass, \$10 Students.

MARCH 7: Bay Area author Channy Chhi Laux will share her memoir "Short Hair Detention: Memoir of a Thirteen-Year-Old Girl Surviving the Cambodian Genocide" at 7 PM at Town and Country Books Inc.

MARCH 8: At the JCC: "Jewish Plays Project" from 7:30 - 9:00 PM. FEE: \$15,\$12 Mem & J-pass, \$8 Students.

MARCH 10/11: At the Bing: Stanford Symphony Orchestra, Stanford Symphonic Chorus, & Stanford University Singers. Tickets at www.live.stanford.edu or 724.2464.

MARCH 11: Canopy Tree Walk: "Sense-Sational" at Mitchell Park from 10am - noon. RSVP at http://canopy.org/get-involved/tree-walk-sign-up/

MARCH 14, 21, and 28, 11am-noon at Gamble Garden Little Garden Explorers: A Series of Three Classes for Kids and their Grownups. FEE. Register at https://tinyurl.com/y8epw332

MARCH 24: Tree Planting: Cubberley Community Day from 9am – noon. Volunteer at http://canopy.org/get-involved/volunteer-signup/

MARCH 25 at Gamble Garden Easter Egg Hunt at 9:30 AM, 11AM, and 12:30 PM. FEE: https://tinyurl.com/ya76yudk

APRIL 7: Benefit for Canopy: The Wonder of Trees with "Lab Girl" Hope Johnson. See www.canopy.org/gala2018

APRIL 14: GREAT RACE FOR SAVING WATER from 9 AM - 1 PM, Baylands Race - a 5K run/walk and kids 1K fun run. FEE. Register at https://www.sweattracker.com/Registration/SavingWater

APRIL 19: Acterra "Party for the Planet" honoring San Mateo County Supervisor, Dave Pine at 6 PM the JCC. See https://www.acterra.org/party. Proceeds benefit Acterra's acclaimed local environmental programs.

APRIL 27: Tickets on Sale now for the Gamble Garden Spring Tour to be held April 27/28 with 5 five private gardens. To register, go to www.gamblegarden.org.

APRIL 27-28: Adolescent Mental Wellness Conference "Overcoming Cultural Barriers to Access" at the Santa Clara Convention Center. To register for the conference: http://adolescentconference.stanfordchildrens.org